

ASSESSMENT CATEGORY - Improving Londoners' Mental Health**Community Activities Project Ealing - CAPE****Adv: Sandra Davidson****Base: Ealing****Amount requested: £91,087****Benefit: Ealing****Amount recommended: £91,000****The Charity**

Community Activities Project Ealing (CAPE) provides a range of services for Ealing residents living with long-term mental health problems. Social, therapeutic and flexible outreach support is delivered at their centre, café and in the community. CAPE seeks to engage people in vocational and recreational activities, such as: discussion groups; baking; women's support and well-being; numeracy; literacy; and IT training. Weekly therapeutic groups offer support and advocacy for residents experiencing anxiety and depression and for those hearing voices. At the heart of the project is the café which offers freshly cooked food for over 300 service users. Both the café and CAPE charity shop provide volunteering opportunities for service users and local residents.

The Application

Your officers have clarified the focus of the bid. In response to increasing demand, CAPE seeks a grant over three years to develop its outreach service for people with serious and enduring mental health problems. Recruitment of a full time outreach worker will provide support services that promote recovery across a diverse and complex client population.

The Recommendation

CAPE is a well-established charity with a good track record of providing mental health services and support. This support is critical to service users in sustaining their mental health and wellbeing in the community.

£91,000 over three years (£30,300; £30,200; £30,500) for a full- time Outreach Worker and associated running costs

Funding History

Meeting Date	Decision
08/09/2005	£85,000 (£40,000; £25,000; £20,000) towards the revenue costs of a catering social enterprise for people with mental health problems in Ealing.

Background and detail of proposal

CAPE works closely with a recently formed consortium called 'Ealing Mental Health and Well-Being Partnership'. The Partnership has a close working relationship with Mind in Ealing and Hounslow, offering an integrated service with a borough-wide geographical presence. Ealing is the third largest London Borough with a resident population in 2014 of 342,118 (based on the ONS mid-year population estimates in 2014). Ealing is an increasingly diverse borough with a steady rise projected for

BAME groups at 52%. Mental Health is a key issue in Ealing, and features in many aspects of the council's Health and Wellbeing Strategy for 2016-21. The outreach post will build the charity's mental health services for people who are hard to engage. The postholder will work alongside a team of qualified psychotherapists/counsellors seeing upto 60 users per day.

Financial Information

Forecast income for the current year 2016/17 is £231,937 of which £189,427 (81%) has been secured as at 20th April 2016. The budget does not include this grant application or pending application totalling £170,000 to increase and meet the changing demands of the service. The cost of generating funds is a proportion of the Project Director's salary costs, and overall this value is low because the charity receives voluntary support raising funds from its Trustees. The charity's reserves policy requires a holding equivalent to 3 months' worth of expenditure, whilst reserves held are currently below this target at approximately 1 months' worth. The charity advises that it aims to securing additional funding streams as noted above, which will contribute to overheads and ultimately improve their free reserves holding.

Year end at 31 March	2014/2015 Audited Accounts	2015/2016 Forecast Outturn	2016/2017 Budget
Income and Expenditure			
Income	221,963	236,888	231,937
Expenditure	221,790	233,968	231,937
Unrestricted Funds Surplus / (Deficit)	2,530	3,945	5,296
Restricted Funds Surplus / (Deficit)	(2,357)	(1,025)	(5,296)
Total Surplus / (Deficit)	173	2,920	0
Surplus / (Deficit) as a % of turnover	0.1%	1.2%	0.0%
Cost of Generating funds (% of income)	8,074 (3.6%)	8,074 (3.4%)	8,074 (3.5%)
Free unrestricted reserves			
Unrestricted reserves held at Year End	17,733	21,678	26,974
How many months' worth of expenditure	1.0	1.1	1.4
Reserves Policy target	55,448	58,492	57,984
How many months' worth of expenditure	3.0	3.0	3.0
Free reserves over/(under) target	(37,715)	(36,814)	(31,010)